

Grain mixing formed the main topic of discussion at the session of directors of the prairie provinces Wheat Pool in Calgary this week. A resolution urging that outturn grading standards be considerably higher was passed unanimously.

The Short Line To Europe

Hudson Bay Route to Liverpool Means Great Saving

Far north in Canada a new railroad is taking form rapidly, and within a year the Hudson Bay Railway will be in operation from The Pas, Manitoba, to Port Churchill, on Hudson Bay. The Pas is nearly 500 miles from Winnipeg by rail, and the extension to the west shore of Hudson Bay is nearly as much farther.

Through the Hudson Bay and eastward through Hudson Strait, skirting Labrador and passing north of Greenland, lies the short water route to Liverpool, a distance from Port Churchill of approximately 2,000 miles. Following in a general way the 60th parallel of latitude east, the route is shorter even than the distance between Atlantic coast cities and Liverpool, and grainbarges receiving the products of the farms of western Canada after a relatively short rail haul will find a shorter trip than those operating from Montreal, New York, Baltimore and the other important points of transshipment.

As a result of observations from vessels and airplanes, it is now close to the belief that the Hudson Strait is blocked by ice less than eight months in the year and that in the early fall, when the grain begins to move, ships may operate safely from the railroad at Port Churchill through the northern passage—a route which all the early explorers believed existed and which many sought unsuccessfully. The route, eliminating many hundreds of miles of rail, lake and rail movement, is the shortest.

As the Hudson Bay Railway takes shape, the advocates of a line through the Peace River country, 1,000 miles to the westward, take hope in the prospect of a new line reaching across an even more northern section of the Dominion than the Canadian National's proposed line connecting on one end with the Hudson Bay route and on the other with the Peace River country and thence to the Pacific through a connection with the present Prince Rupert line. Adequate transportation will open up more of Canada's enormous wealth.

Anxious To File Homestead

Man Took First Place in Line During Big Hunter

Walking or running back and forth the width of the land office at Peace River in order to fight the older claim of 45 hours and relieve by his partner, a prospective homesteader, for several days and nights kept his position, much as first in line for his choice of land which was thrown open for entry at the end of January. The days became steadily colder after he took up his position. Courage and fortitude to get a home were suffered uncompensated but for all that a terrible price to pay for a homestead.

W. T. Hunter, superintendent of the Dominion Experimental Farm at Summerland, is urging the dairymen to procure the best high grade dairy stock, because prices are about to make a big advance, he says, and the Okanagan Valley is one part of Canada where butter-fat can be produced very cheaply.

Wife—"Don't you think I have put too much salt in the soup, dear?" **Model Husband—**"Not at all, darling, there is, perhaps, a little too little soup for the salt, that is all."

Broad leaf wood is carbonized for acetate acid and wood naphtha and coniferous wood for turpentine, oil and tar.

You can't play truant in the school of experience!



"Yes, Miss Noun, it is a fact that the son of a genius is nearly always a fool."

"Was your father a genius?"

Der Nounsmen, Berlin.

W. M. J. 1771

The Red Cross Rendezvous

Valued Service Rendered by Society at Alberta U. F. A. Convention

January sees the yearly pilgrimage of the hundreds of Alberta farmers to the great four-day convention in the capital city of Edmonton. The big event of the year, known as the U.F.A. convention, Twenty hundred farmers trekked into the city last week, consisting of delegates, their friends and hundreds of interested visitors. Six extra C.P.R. cars of sleepers ran between the two cities, Calgary and Edmonton, for the trek from the south required the comfort of these modern "covered wagons," where a man can put himself and wife and family to bed in snowy blankets and "enjoy warmth and good food and an electric light by which to read his paper."

For the pilgrims were not men alone.—Although the majority represented the sterner sex. With them were the womenfolk, westerners all, dressed in their eyes a land of wide horizons in far flung prairies or the silence that is found in solitary places, where the woman looks toward things after a rest, and have an inexhaustible faith, an unchangeable hope, and a charity that cannot fail.

Some little ones, too, were seen in the gathering, bundled up merrily in their coats, and out of autos and trains.

This explains the specialized service of the Alberta division of the Red Cross which made the strenuous days pleasant and easy.

Right at the top of the great red building, far removed from the busy platforms where a Lieutenant-governor and a premier and many other dignitaries would be seen daily before the microphones, might be found the eyes of the fledglings—the children's nursery and Red Cross rest room.

A haven of refuge this, with snowy coats for tired little feet, too, and a place where any mother, rockers where any mother reclined when the heat of the argument descended upon her, and the atmosphere drove her to take a siesta with the children. A Peter Pan playroom for the four-year-olds, and a play room with real tea sets for the children.

There are 55 commercial aviation companies in Canada, according to a report of the Department of National Defence. This is more than twice the number in operation a year ago. There are also 15 private owners and 16 flying clubs. One carried 9,647 passengers and 1,192,000 pounds of freight during 1928.

Special Task for Bachelor

Bachelors more than 20 hereafter must pay the Nish district government in Jugo-Slavia a special tax for their level of single blessedness. All adult citizens who are not members of some cultural, educational, charitable or patriotic association must pay an even higher penalty.

Can Not Be Standardized

Efficiency in Every Line Confined to the Few

"It very often follows that the man who keeps scrub stock is a scrub farmer." That sentence in a discussion of livestock breeding catches the eye of the editor of the Chicago Drovers' Journal, who remarks that it is not a new thought, and that we all know there is much truth in it. The only value he observes in it is that it may stir some fellow, whose stock is pretty hard to try to do better. Some folks say there is no place for scrub stock, and can't understand why any of it is produced in a civilized country. But we never will be rid of it. These will always be as scrub stock, and scrub farmers, and scrub doctors and lawyers and, yes, even newspaper men! Efficiency never can be standardized. Always some will do better than others.

Gold in Alaska

Alaska can still point to the mountains and say that the gold is there. In 1928 its miners extracted \$5,778,000 worth of gold against \$3,827,000 for 1927. Prospecting still goes on, but no new find of considerable moment was reported last year. Every year sees a few placer mining fields worked out, but Alaska never troubles itself about that, always feeling sure new ones will be discovered. Experience has given fair warrant for the optimism.

Registered in error as "Alice" instead of "Ellis," 43 years ago, a Leeds, England, business man has been discovered that officially he is a "woman."

Studying Interior Of Earth

Much Will Be Learned in Future Is Believed

Not even the most visionary of natural scientists would venture to forecast that a system of antipodal tunnels would be a part of the transportation scheme of the future, nor that greater knowledge of the middle of the earth will be gained by burrowing a few thousand miles into it. But that a great deal more than is now known is going to be learned of the innermost heart of this great planet of approximately 8,000 miles in diameter is unquestionable.

Prof. Reginald A. Daly of Harvard university says that "the 10th century bequeathed to the 20th an outstanding responsibility—to invent and to use new methods of exploring the earth far beyond the reach of direct penetration by the geologist's eye or by mine and bore-hole."

That important progress will be made in this direction Professor Daly expresses a strong belief. The more earth, he says, "is a gripping subject of research," and through the study of "rays" and "waves" he believes much will be accomplished toward determining the exact character of the earth's center.

West Indies Seek Aid From Canada

Want Obstacles to Sale of Products in Hamilton Overcome

A suggestion that Canada be asked to establish an organization similar to the Empire marketing board or contribute funds to the Empire market board to enable the West Indies and British Guiana to overcome obstacles to sale of their products in the Dominion was discussed before the first West Indies conference.

Speakers pointed out that new trade services between Canada and the West Indies must increase, and the Dominion and the colonies, necessitating action to facilitate the exchange of goods.

Advance in Aviation

There are 55 commercial aviation companies in Canada, according to a report of the Department of National Defence. This is more than twice the number in operation a year ago. There are also 15 private owners and 16 flying clubs. One carried 9,647 passengers and 1,192,000 pounds of freight during 1928.

More to the Point

Here is the latest story about a plunger.

He was just starting off to work when his wife said:

"Bob, bring me in some butter when you come back for whatever you're leaving behind."

"Iceland," said the teacher, "is about as large as Rome."

"Iceland," wrote Willie afterwards, "is about as large as Iceland."

Seed Grading Growing in Favor

Minister of Agriculture Gives Report for Past Fiscal Year

The grading of farm and garden seeds is a very important service of the Department of Agriculture at Ottawa. The principle upon which the Seeds Act is based is that of established grade definitions with provision for grade definitions that are prescribed by regulations. Provision is made within the act for the compulsory grading of nearly all kinds of seeds and while both farmers and garden seeds may be sold under a guarantee of minimum quality yet the grading of these seeds is steadily growing in favor, according to the Hon. Dr. W. R. McPherson, minister of agriculture, in his report of his department for the past fiscal year. The grading is done on a basis of controlled samples received at the central office of the seed branch at Ottawa and district offices at different points in the country.

As the volume of the volume of work and reasonable duties involved in grading agricultural seeds and in checking seed importations, the Hon. Dr. McPherson points out that there were 5,308 samples received, tested and graded during the year under review. The total amount of seed represented by these samples was, of course, very large, amounting to millions of bushels.

A Word Of Praise

Many Workers Would Rather Have It Than Extra Money

Is there anything so easy to give as a word of praise where it is deserved? Often those who have gone to much extra trouble in doing something special receive no recognition at all. Perhaps they are paid with money. But it is safe to say that many workers would rather have a word of praise where it is deserved. Often those who have gone to much extra trouble in doing something special receive no recognition at all. Perhaps they are paid with money. But it is safe to say that many workers would rather have a word of praise where it is deserved. Often those who have gone to much extra trouble in doing something special receive no recognition at all. Perhaps they are paid with money. But it is safe to say that many workers would rather have a word of praise where it is deserved.

Sure to Return

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He was just starting off to work when his wife said:

"Bob, bring me in some butter when you come back for whatever you're leaving behind."

"Iceland," said the teacher, "is about as large as Rome."

"Iceland," wrote Willie afterwards, "is about as large as Iceland."

Traffic Jams In Air

Private Airplanes Flying Near Monte From Paris to London

Traffic jams have followed the airplanes into the air. The Le Bourget-Croydon air route, despite the impediment of the heavens, suffers from overcrowding just like the narrow streets of cities.

French and English governments are trying to agree on a means of policing this great skyway. The chief cause of trouble has been privately owned airplanes whose pilots for greater safety and economy preferred to follow the regular route of the big commercial air lines.

These planes have increased in numbers to a point where they are a menace to traffic, especially in hazy weather. When visibility is low, the big London-Paris plane have many narrow escapes from collision.

Some Peculiar Plants

Old Characteristics

Oriental Countries Have Few With Old Characteristics

The Egyptian lotus has some peculiar characteristics. For example when growing it can be cut and fed to a cat, and when eaten it causes a deadly poison.

Then take the Indian plant of which the native name is Madia. The leaf, treated and applied like a poultice will cure a severe sprain or bruise, yet the milky juice has an extraordinary effect if swallowed. The sufferer has fits of terrible-dilation alternating with bursts of wild merriment and shrieking laughter. This goes on for some hours; then, if the dose has not been severe enough to cause death, the patient falls into a deep sleep from which he wakes up comparatively well.

All Lives Are Interesting

An Article in E. W. Howe's Monthly Says

"If a man is fairly intelligent, he has had experience of interest; if disposed to frankness, his autobiography would be of value. Every man can place colors on the life picture a little differently. I find much more interest in a good autobiography than in any story of polar exploration. There is nothing in the North Pole that concerns any of us; nothing in life that does not."

Alberta Will Adopt Penalties

The province of Alberta will shortly adopt the old-age pensions which will be stated by Hon. Peter Hennan, minister of labor, to a delegation representing the railway householders which waited upon members of the Dominion cabinet.

Continuity in advertising is as necessary as continuity in breathing.

Revise Map Of Antarctic

Great Change Will Likely Be Result of Explorations

Sir Herbert Williams has been commissioned to suspend his explorations program in the Antarctic continent for the present season because of the extension of the warm summer conditions he has encountered. Because of his inability to locate a new base near Cape Pole, and the arrival of the snow, his projected flight from Deception Island across the continent may have been frustrated and must be postponed until a more favorable opportunity. This would have formed a dramatic and spectacular climax to his expedition, but its abandonment does not mean that his venture has failed in its main purposes. For the discoveries already made are of far greater significance as contributions to the world's stock of knowledge regarding the South Pole region than the confirmation of the prevailing conception of its geography.

The arm of Antarctica that reaches up in the direction of Cape Horn will no longer appear as an extension of the mainland, but as a projection of the main land. In reality it is an archipelago of islands; Graham Land, also believed to be an extension of the mainland, has been found to consist of two great islands, the more southerly of them being separated from the continental area by a strait ranging from 40 to 50 miles wide. Just where the border between the two actually lies is still unexplained, but progress of remarkable interest to geographers has been made towards its final location.

Apart from this scientific interest, the identification of these lands as archipelago has a value of permitting the establishment of bases for future airplane exploration of the continent. It has been previously believed possible. Still more important is the possibility that it may open the way to the location of meteorological stations where observations can be continuously recorded for the purpose of determining the climate of a new element in Antarctic exploration that has not hitherto been taken into account. The discovery of these islands that shows that these meteorological data may disclose a close relationship between cycles of climatic change, originating in the ice-covered plateau of Antarctica, and the great troughs that periodically affect Australia and other lands south of the Equator.

Discussing these and other possible results of the Williams expedition, the American Geographical Society, declares that this work, together with that which Commander Byrd hopes to do, will result in a complete revision of the map of Antarctica. The expedition of a land of countless proportions seems an anachronism in the 20th century. Certainly this is the last generation, which can include in such an experience.

Sodium Sulphate Deposits

The investigation of the natural sodium sulphate deposits in western Canada by the Department of Mines, has proved up tonnages of hydrous sodium and magnesium sulphate in excess of 100,000,000 tons. There are many other deposits in the prairie provinces which could produce sodium sulphate, but while the markets are limited and the price low, only these close royalties can be considered as producers at present.

Howard Would Distribute

Two hundred bushels of the "Howard" wheat are being distributed among 100 settlement land settlers in the southern half of Alberta. Each settler is limited to two bushels of this wheat for which a charge of \$2 per bushel will be made. Very satisfactory results have been secured from the quantity of Garnet wheat which was distributed similarly three years ago.

The man who possesses a million is a capital fellow.



"What did your brother do?"

A Judge in a black-robe. From Hamner, Madrid.

AIRMEN RESCUE TRAPPER



Flying in the face of a northern blizzard two gallant fliers effected the rescue of a lone trapper, found lying in the snow on an Indian, on the shore of Lake Macgillivray, northern Quebec, his feet frozen and his life in danger by the 50 degrees of cold. Picture shows the two airmen (1) Pilot Clark, who led the rescue; (2) a Canadian cabin plane which was used; (3) the town of Amos, where the plane landed to place the trapper on board train; and (4) two General Aviation planes on the lake shore.

VITAMINS

Everyone needs them to support growth or to protect the body against infection.

Scott's Emulsion abundantly rich in vitamins is of great importance in running down conditions of the body. Scott's Emulsion builds strength.

Scott & Bower, Toronto, Ont. 22-61

WORLD HAPPENINGS BRIEFLY TOLD

The freighter Port Curtis arrived recently at Halifax from Adelaide with more than 5,000,000 pounds of New Zealand butter, a record cargo.

The Rockefeller foundation has donated \$85,000 to McGill university for medical research to be paid over five years.

Acting on the recommendation of the foreign minister, King Alexander of Yugoslavia has signed the British-Killogg pact for renunciation of war.

Arthur F. Wallis, registrar of the surrogate court, since 1911, and former editor-in-chief of the Toronto Mail and Empire, is dead at his home here. He was 79 years of age.

A treaty between the United States and Japan to aid in the prevention of smuggling of alcohol leverages into the United States has been ratified by the senate.

It is understood the secretary of Sir Basil Blackett, newly appointed chairman of the merger company controlling Imperial wireless and cable communication will be \$40,000 a year.

The menace of revolvers and threats of personal violence held no fear for Joseph Davis, clothing merchant of Ottawa, who successfully staved off an attempt by three would-be bandits to rob him.

A reunion of an unusual kind was held in London when 14 Antarctic explorers, survivors in 1914 of nine Antarctic expeditions and two relief expeditions, met to form a dinner club. Membership is to be limited to those who have participated in Antarctic explorations.

Leon Trotsky, whose opposition to the policies of the Russian leaders in Moscow caused his expulsion from the Communist party and his exile in Turkey, was en route to Constantinople, it was revealed in authoritative advices received at London.

Minard's Liniment for Coughs and Colds.

Should Procure Out Seed

Farmers of Alberta are being advised by the Provincial Department of Agriculture to make the necessary provision for securing the supply of oats for seed which they will require for their 1929 crop. The effects of frost in a number of districts are reflected in a reduction in the germinating quality of a great many of the oats threshed.

Discovery New Island

Commander R. E. Byrd in a flight over King Edward VII Land discovered a new island and 14 peaks according to a radio message from the Byrd South Pole expedition copyright by the New York Times and the St. Louis Post Dispatch.

Only the uniformed endure the rigors of corn. The knowing ones apply Holloway's Corn Remover and get relief.

It is not doing the thing we like to do, but liking the thing we have to do that makes life blessed.

Nervous and Run Down

The Least Noisy

Would Bother Her

Mrs. B. Thorton, Ottawa, Ont. writes: "Three years ago I was so nervous and run down I could hardly bear to have the children make a noise it would bother me so."

"A friend advised me to take

MILBURN'S HEART NERVE PILLS

and after taking two boxes I began to feel stronger, looked better, and the doctor came back into my clinic and said I am feeling fine again."

Price 50c, a box of all druggists and dealers, or mailed direct on receipt of price by The W. C. Milburn Co., Ltd., Toronto, Ont.

W. C. M. 1771

Safety Device For Miners

Copper Diggers in Mexico Wear Steel Head Protection

A United States bureau of mines engineer reports, following a recent visit to one of the big Mexican copper diggings, that the latter concern permitted no one, miner, manager or visitor, to go underground unless he wore a steel head protection. The company furnishes the helmets to the men at 50 cents each and replaces all damaged ones free of cost. On one occasion a hunk of ore weighing 87 pounds fell through the roof lagging a distance of three feet and struck a miner squarely on top of the head. The steel hat was badly dented, but the man was uninjured, save for a slightly sprained neck. The company has on exhibition at the mine had a collection of several hits, all badly dented, that represent each a miner's life saved.

Sale For Worthless Horses

Montana Packing Plant Will Require Severely Hurt Horses

Surplus horses which now are more or less worthless, may find a market at the horse meat packing plant just opened in Grand Falls, Montana. Although Alberta has hundreds of non-descript range horses roaming the prairies, eating up valuable grass and the Great Falls plant may be in a position soon to handle many of these animals. It is easy to see why. The plant, the output will be shipped to Continental Europe, where horse meat is a staple commodity.

Winnipeg Newspaper Union

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Mendicancy De Luxe

Young Englishman Simulating Pauper Collected Large Sum Daily

In the opinion of G. K. Chesterton, complete social equality in England would be achieved in a very short time if every man wore a beggar's hat and carried a tin. A young man, only 21, was busy engaged in putting Mr. Thorpe's doctrine into practice and spending his easy earnings in ways which he thought to his own advantage when this countryman evinced an acute curiosity concerning the source and extent of his finances. A country house, with a completely equipped billiard room, is one of his luxuries. His income, produced by simulating pauper, has amounted to as much as \$100 in a day. Subway travelers, observing his pathetic figure, have been deeply touched for sums from 10 cents upwards. The interruption of this enterprising mendicancy's activities, just as he was about to leave for his holiday season, must have been especially bitter.

EARNINGS

Relief in 2 Minutes

Just a drop or two of Putnam's Corn Salve and the pain goes away. Relief is almost instantaneous in removing corns with "PUTNAM'S". It is easy to use. Don't suffer any longer, use Putnam's Corn Salve. The one sure relief for corns. Sold at every drug store.

Live Stock Price Winners

Saskatchewan Breeders Won 100 At

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A Tremendous Power

Wireless, and Airplane Bring Re-

lie Quickly When Required.

Reveries (despatches to the New

York Times state that Great Brit-

ain is proud of the man of the Royal

Air Force who flew, repeatedly to

London, the Afghan capital, from

Peshawar, on the Indian frontier, a

distance of about 140 miles, over

dangerous territory, they brought to

safety all the women and children

of the foreign legations. Nor is that

powerful, still not dully conscious of

flying over the rugged mountain

masses, with the certain prospect

of the motor failed either in the

crash, or at the hands of wild

and fanatical tribesmen, well de-

serve the Victoria Cross. But to the

heroes of the Royal Air Force, the

daily came casually as part of the

day's work. The story reminds the

world, still not dully conscious of

the transformation that aviation has

wrought, that no more can the out-

posts of civilization go without re-

view. By wireless comes the news of

discovery; by air goes the essential aid.

Savagery and treachery are robbed

of a power which used to make them

invulnerable. The airplane power is

discovered as instrument of mercy

and of power, and by any other

name, it is the power of the future.

What a pity that Lord Roberts

was not alive to read the rescue of

Kabul. Of all living men, it is

hardly too much to say that he

was the man who gave Lord Roberts

the title of his first peerage, who re-

member what a relief expedition to

Afghanistan meant in the old days.

Lord Roberts had heard the story

of the rescue of Kabul, and when

the news came to him at the time

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COMPLEXION

IMPROVED QUICKLY

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THE OLD RELIABLE



Use Gillette's Eye Soap
and for cleaning and
DISINFECTING
Gillette's Eye Soap
Saves Your Money

Not To Be Despised

Northern Part of Canada Is Rich in Resources

Between the Atlantic and Pacific coasts of the North American continent, curious parallels are found as striking in their way as are the rocky straits of the Bore and the cold, on the west coast of Scotland. Two considerable islands, Vancouver and Newfoundland, form the outer outposts of the continent and the northern and southern extremities of the continent, never estimated and even despised, are now known to be rich in mineral and other resources and possibilities.

When the United States purchased the Russian holdings on the American mainland, including what is now known as Alaska, for \$75,000,000, the transaction met with much cheap ridicule and was promptly dubbed "Seward's Folly" by the politicians of that day. The point is, then, practically unknown, was reputed to be cold, sterile and barren and a mere extension of the wilderness of perpetual snow and ice that formed the popular conception of the Canadian northwest. Years elapsed before modern methods of exploration revealed the wealth that lay behind its forbidding exterior.

Very minor in the history of the large peninsula between the Atlantic and Hudson's Bay, now forming Labrador and the hinterland of the province of Quebec, Newfoundland, adjudged the fortunate possessor of Labrador, has discovered it to be rich in potential wealth. Yet 75 years ago it was described by Professor Hind as "a lofty tableland, in many parts thickly strewn with boulders and everywhere bare and sterile." But in the Hamilton river it holds one of the greatest water powers on the continent, and good reason for believing it to be rich in minerals.

The eastern and western portions of the North American continent, neglected for a century or more, are much alive and in a fair way to become priceless sources of wealth to the people who have sovereignty over them.

Constitutes a Saving

With a bare half of alfalfa or good clover hay, one need not pay out much money in the purchase of protein-rich concentrates. Some claim that at present prices good alfalfa hay is cheaper than bean for growing stock and the dairy herd.

Women Doctors Cautious

A number of women doctors, including one especially trained in the treatment of mental cases, will be brought to Alberta from England, it is announced by Dr. George Hoadley, minister of health.



What most people call indigestion is actually excess acid in the stomach. The food has rotted. The instant remedy is an alkali which neutralizes acids, but don't use anything else. Use what your doctor would advise. The best help is Phillips' Milk of Magnesia. For the same reason, its invention it has remained standard for physicians. You use 10 years in excess so quick in its effect, no harmful, so efficient.

Working On Serum To Conquer Pneumonia

Medical Research Making Progress in Battle Against Disease
It is interesting to know that medical research in regard to pneumonia has progressed so far as to give hope that at least half the battle against this deadly disease may soon be won. There are probably more prominent men taken off by pneumonia than by any other disease.

There are four different types of pneumonia and the new serum, if successful, will be useful against only two of them: Dr. W. H. Park, director of laboratories of the New York department of health, has stated that surprising results have been obtained in experiments with the serum. Doctor Park and Doctor Rosenau, who has been associated with the work also, are both bacteriologists of high standing.

All those who have been connected with the work speak with reverence of the progress that has been made. That is natural with men who follow strictly scientific methods and assume nothing without actual demonstration. Health authorities in eastern Canada are very hopeful, however. They know that this serum provides effective against even 50 per cent. of the cases of pneumonia or in preventing that proportion of the cases—that the public does not assume that the thing has been accomplished—until the actual testing of the treatment has taken place.

Eating And Health

Nine Rules Which Should Be Adopted by Everyone

According to advice from authoritative sources, in order to be healthy and to enjoy long life, it is necessary to know how to eat. The question of what to eat, it is asserted, does not enter into this phase of health procedure. According to the health specialists, the majority of people do not know how to accomplish this and the result is that they suffer from various minor illnesses and in any event suffer discomfort.

The following rules should, it is advised, be adopted by anyone:

1. Never eat when you are tired.
2. Never eat when you are upset by worry or excitement.
3. Never eat when you are going to do things that are upsetting.
4. Eat sparingly anything you like when you are hungry.
5. Do not think you must have three meals per day.
6. Do not force a child to eat when he does not want food.
7. Keep a child out of excitement as much as possible.
8. Do not smoke him at meal time.
9. See to it that he gets plenty of rest.

"Now, boys," asked the schoolmaster, "what do you know about Hamlet's uncle?"

"Pardon, sir," he was better than anyone else at shouting "birds," replied one of the boys.

"Indeed! What makes you think that?" asked the teacher.

"Well, sir, I read in a book that the 'old nunder most foul'."

Muscle While Yen Walk

Impatient motorists who might otherwise "cut out" the main traffic tower at Orlando, Fla., when they red light flashes on to not mind the delay to much since four huge amplifiers were installed to broadcast entertainment, and the traffic cop on the scene a cherry wave from drivers instead of stony stares.

Indigestion

That Kind of a Player
James called it was his friend Smith, and while waiting, in came little Miss Smith, James sat down at the piano and played something he thought would appeal to the child. When he finished, he turned around and said: "Well, what do you think of that?"

"I can't play either," was the unexpected reply.

Young Doctor—"Just think! Six of my patients recovered this week!"

Old Doctor—"Serve you right. You spend too much time at the club!"

If you cannot nurse your Baby—use EAGLE BRAND



Pure, Safe, Easily Digested
FREE BABY BOOKS
Write for one to Dr. J. H. Park, Director, 30 St. Paul St., Montreal, P. Q. Get the Baby Welfare Book.

Seek Russian Colony In Siberian Wilds

Has Been Cut Off from Civilization for 100 Years Is Belief

The life and thought of the 10th century, scientists at Moscow have, have been preserved by a colony of Russians cut off from the rest of the world for about 100 years.

A well equipped expedition, headed by Uri D. Chirkina, is being sent by the academy of sciences in Leningrad to find the little "lost world" somewhere in the uncharted wilderness of Yakutia, northeastern Siberia. It is hoped that anything which yield valuable information about the customs and daily life of Russia several centuries ago.

Legends about the existence of such a ship of humanity have been prevalent among the natives of northeastern Siberia for at least 100 years. Only two apparently trustworthy reports, however, have reached the civilized world in this generation.

Before the revolution, a political exile, M. Zinoviev, claimed to have penetrated ice-bound "frontiers" to the lost colony. He told of a people speaking ancient Russian, totally unaware of the changes which have happened in the world since the 10th century and scarcely aware of the existence of his fellow beings. More recently a Yakut named Arak came out of the north with a tale of a Russian tribe leading a clean, moral and religious life.

Both reports agreed in placing the colony somewhere far towards the mouth of the Indigir river, where it empties into the North Polar sea.

Arak reported that the colony contains only about 200 persons. The theory advanced in scientific circles here was that the original settlers must have been far more numerous to have survived so long in a corner of centuries against such unfavorable natural conditions. Now, unfortunately, the tribe is on the verge of extinction and the expedition may arrive just in time, before the last memory of the tribe disappears. Great numbers of Russians led to the inaccessible parts of Siberia in the 10th century, to escape political persecution. It is not unlikely that the lost tribe represents the remnants of such a group of refugees.

Highest City In World

La Paz, Bolivia, Is 12,410 Feet Above Sea Level

La Paz, Bolivia, where the war clouds have been hovering lately, is the highest capital in the world, for it stands on a mountain-top 12,410 feet above sea-level. This is 2,000 feet higher than Quito, in Ecuador and 5,000 feet higher than Mexico City. Its nearest rival for height is the far-distant Lhasa, which stands at an altitude of 11,830 feet. The mean temperature of La Paz is 50 degrees Fahrenheit, but it is generally warmer there except in the sun and the cold nights are unrelieved by fireless comforts, for the simple reason that the folk have neither coal nor trees in the desolate mountainous regions around the city.

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Dairying In Holland

Industry Grows Economic Life, Says Canadian Trade Commissioner

The dairying industry is the backbone of Dutch economic life, writes J. C. Macgillivray, Canadian trade commissioner in Rotterdam, in the Commercial Intelligence Journal. There are 100,000 hands employed in milk cattle breeding alone. In addition to these figures there are the employees of over 600 butter and cheese factories and the farmers engaged in the distribution of the yearly production of 3,500,000,000 litres of milk and its derivatives. Holland is the largest exporter of cheese in the world. The Dutch dairy factories may be classified as co-operative and non-co-operative. Of the former there are 417, divided as follows: Butter factories, 243; butter and cheese, 149; cheese only, 25; milk products only, 37; both cheese and milk products, 149. For the non-co-operative factories these figures are, respectively, 17, 42, 14, 19 and 187, making a total of 310.

Recipes For This Week

(By Betty Barclay)

Beef and Pumpkin Left-Over
2 cups left-over beef - roast, chopped
1 cup cooked pumpkin
2 tablespoons sugar
1 teaspoon salt
8 small potatoes, rolled fine
1 egg
1 cup milk
1 teaspoon clove
2 tablespoons butter

Mix all together and heat. Pour into greased baking dish, dot with butter and brown.

Chicken a la King

1/2 green pepper, shredded
1/2 pound mushrooms, sliced
3 tablespoons butter
6 tablespoons flour
2 cups evaporated milk
2 cups chicken broth
Salt
Pepper

3 cups cold chicken, diced.
1/2 pint tomato, shredded.
Cook pepper and mushrooms, if they are raw, slowly in butter 8 minutes. Cover while cooking. Re-mix mushrooms and pepper from fat, add flour, milk, broth and seasonings. Cook 5 minutes. Add cold chicken, mushrooms, tomatoes and pepper, stirring to keep smooth. Add chicken, mushrooms, tomatoes and pepper, stirring to keep smooth. Add chicken, mushrooms, tomatoes and pepper, stirring to keep smooth. Yield: 8 servings.

A New Explanation

Folicans—"How do you account for having all these things in your pockets?"
Superintendent—"Well, you see, officer, we ain't got no pockets in 'em."

The chief products of the Cape Verde Islands are coffee, hides, and millet.

400,000 Women Report Benefit by actual record

"Have you received benefit from taking Lydia E. Pinkham's Vegetable Compound?"

A questionnaire enclosed with every bottle of medicine has brought, to date, over 400,000 replies. The overwhelming majority—in fact, ninety-eight out of a hundred—says, "Yes." If this dependable medicine has helped so many women, isn't it reasonable to suppose that it will help you too? Get a bottle from your druggist today.



Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., Lowell, Mass., U. S. A. and Colony, Ontario, Canada

Amateur Discovers Comet

Find Was Confirmed by Cape Town Union Observatory

An amateur astronomer living at Rosbank, a small community near Cape Town, South Africa, distinguished himself recently by the discovery of a new comet. His "find" was confirmed immediately by officials of the Union Observatory at Cape Town. The comet could not be seen with the naked eye. It travelled slowly, and had no tail. The astronomers of the observatory plan to name it the Forbes comet, after its discoverer, and as encouragement to amateurs.

Canada's Silk Industry

Latest Report Gives Gross Value as About Ten Million

In the past year the silk industry of Canada has increased 35 1/2 per cent. in the number of establishments, 261 per cent. in number of employees, 496 per cent. in salaries and wages, and 301 per cent. in gross value of products. Since 1924 the capital investment has increased from \$5,745,562 to \$22,272,818 in 1927. The annual gross value of the Canadian silk industry is approximately \$10,000,000, according to the latest available figures.

Announcers of the British Broadcasting Company help singing lessons regularly to help them polish their voices for speaking into the microphone.

Husband (cheerily)—"I'll show you how I'm running this house."
Wife—"You can't. It's her day out."

Little Helps For This Week

When He gives quietness, who then can make trouble, Job 34:29.
Let Thy mercy's wings be spread. O'er me, keep me close to Thee In the peace Thy love dost shed. Do my All, in all I do! Let me only seek Thy will Where the heart to Thee is true. All is peaceful, calm and still. A. H. M. S.

All the peace and favor of the world cannot calm a troubled heart; but where the peace is which Christ gives, all the trouble and disquiet of the world cannot disturb it. All outward distress to such a mind is but as the rattling of the ball upon the tiles in that attic where the house at a symposium banquet. —Archbishop Lightfoot.

Agricultural machinery and petroleum products shipments were unusually heavy in 1928. Approximately 3,000 reapers-threshers were in use in Saskatchewan and, in most cases, were reported satisfactory.

For Coughs and Colds

Alpers' Sinus-Instill-Relief

This is an effective way to place medicine directly into the sinuses. It is a simple, safe, and effective method of relieving the sinuses. It is a simple, safe, and effective method of relieving the sinuses. It is a simple, safe, and effective method of relieving the sinuses.

75c. and 40c.

WINDOLITE The Improved Glass Substitute

MADE IN ENGLAND COMES WITH A MESSAGE OF HEALTH

THE sun is the all-powerful life producer. Nature's universal disinfectant and germ destroyer, as well as stimulant and tonic. WINDOLITE is the sun's most important ally.

Medical research has definitely proved that from the point of view of health and hygiene, the most effective among the sun's rays are the Ultra-Violet rays, which possess the greatest power to prevent and cure of disease and debility.

Science has further established that ordinary window glass does not pass the message of Ultra-Violet rays, so that by using glass panes are artificially excluding these health-giving rays. Therefore, the invention of WINDOLITE has completely satisfied the long felt and universal desire of health-conscious people who have conclusively proved that it is the most effective substitute for free glass. Free glass transmits the Ultra-Violet rays, and that its use has a most beneficial effect on the growth and development of plants and children and on the well-being of cattle, enabled for the first time to have healthy light instead of darkness in their sheds.

Indeed, the discovery of WINDOLITE has during the last six years completely revolutionized gardening, giving an stimulus to poultry breeding, increasing the productivity and fertility of chickens, has greatly improved the health of cattle and is now being used in domestic and household requirements.

WINDOLITE stands for 100 per cent. sunlight. It makes light too strong for cattle sheds, dairy stables, poultry houses, brooders and all buildings. It is economical, unbreakable, flexible and is easy to cut and fit. It is now being successfully used for nurseries, vegetable, school, factories, hospitals, schools, hot beds, plant coverings and greenhouses. It keeps out cold winds and cold drafts, and ordinary rays of sun and rain. It is supplied in rolls any length and in one width of 26 inches only. A square yard of WINDOLITE weighs about 14 oz., while a square yard of glass of ordinary thickness, weighs about 135 to 140 oz. The improved WINDOLITE requires no varnish. WINDOLITE is made in England.

Price \$1.50 Per Square Yard, f.o.b., Toronto.

Use WINDOLITE and let YOUR PLANTS YOUR CATTLE YOUR CHICKENS
Back to 100% sunlight
Send for booklet "WINDOLITE"

Distributors: JOHN A. CHANTLER & CO., LTD. 51 Wellington St. W. TORONTO, ONT.

Take A Spring Tonic

Does the Springtime tax your Energy?
Take a Spring Tonic
We Know From Experience: We can Recommend
NYALS, Creophos
REXALL Peptonized Iron Tonic
or
Wampoles Prep. Cod Liver Oil.
CECIL T. HALL Druggist
Agent For Orthophonic Victor Gramophones

Interesting Local Items

Mrs. F. Lavelle celebrated her birth day on Thursday. During the afternoon a number of friends called upon her to help celebrate the occasion.

HOUSE TO RENT—convenient to city factory. Rent reasonable. Apply to H. Johnson

FOUND—On the street in town, a small wrist watch. Owner may return to H. Nussey by paying for this ad.

LOST—on the street in town an Illinois Fountain Pen. Finder please leave same with Eddie Keate.

FOR RENT—Good farm in Redfield district, four miles from town. Also Pearson tractor for sale. Apply to Fred Moore.

FARM WANTED—Want to have from owner having good Alberta farm for sale. If bargain, send price and description.

F. E. G., Box 408, Olney, Ill.

BABY CHICKS—Canada's best-bred, 100 per cent. alive. Leghorns \$17.00 per 100; Anconas, Barred Rocks \$18.00 per 100; Rhode Island \$19.00 per 100; Wyandottes, White Rocks Buff Orpingtons \$20.00 per 100. 12 month Poultry Course free. Chicks from Pen Mailings \$25 each. Incubators, Brooders. Free Catalogue. First hatch March 1st. **ALEX. TAYLOR'S HATCHERY,** 362 Furby St., Winnipeg

Stanford Kestel is now progressing rapidly after his serious illness.

A number of young folk in town are giving an invitation dance in Cliff hall Friday evening.

Gordon Memorial Church is now making preparations for the opening of the completed auditorium which will take place on March 24th. Rev. Dr. Kerby will be present for the opening services.

CARD OF THANKS

Mrs. M. H. Kestel wishes to thank the friends and neighbors who during the illness of their son. We would especially thank Rev. Dr. Smith and the "Explorers" for their thoughtful assistance.

Now is the Time to Get Ready For Year

Spring Cleaning

We have a Full Line of
PAINT, VARNISH, STAINS, TERS, CALSOMINE, PAINT BRUSHES, WHITEWASH BRUSHES,
A NICE LINE OF

Moffat Ranges

IN, CALL AND SEE THEM
ALEX. MASKELL

Foreign Remittances

You will at times find it necessary to remit money to foreign countries. This Bank has established relations with leading Banks abroad and you may be quite sure that the draft you purchase here will be readily and conveniently cashed.

IMPERIAL BANK

A. McKENZIE

REDCLIFF BRANCH

Manager.



Given with 12 Big Numbers of The **YOUTH'S COMPANION**

This 12-number set put in a reproduction of the famous painting to be hung in the Capitol at Washington. It is published exclusively for

Companion subscribers.

SPECIAL OFFER

1. The Youth's Companion for 1929, and
2. The only money to NEW subscribers (ending before January 1, 1929, and
3. Copy of "The" in London, London.

Send order with remittance to the PUBLISHER OF THE YOUTH'S COMPANION, London, Mass.

Mrs. (Helen) Smith, who is still in the Medicine Hat hospital where she underwent an operation, is now progressing favorably.

REDCLIFF DRAY

Feed Barn

DRAYING, TEAMING
and CESSPOOL WORK
PROMPT ATTENTION
and
SATISFACTION
GUARANTEED
W. H. NUSSEY
PHONE 26



Get Rid of Your Gloom

A GAME of billiards played with our modern Brunswick equipment in the congenial surroundings of our recreation room will effectively vanish your blues. Bring the boys, they'll enjoy a game here.

A. E. SMITH

billiards

A Gentleman's Game

Lang Bros. Ltd.

INSURANCE
Fire Accident
Life Sickness
651 2nd St. Medicine Hat
Telephone 3584

For Sale or To Rent

ALBERTA CAFE, REDCLIFF
Brick building with nine bedrooms and large dining room and kitchen with all furniture, fixtures and equipment. For Sale

CHEAP FOR CASH
Apply at the Review Office or at THE ALBERTA CAFE, Redcliff

K. E. ROGERS, M.D., C.M., L.M.C.
Physician and Surgeon
Office and Residence in Lockwood Bldg. Phone 2

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Issuer of
Marriage Licenses
FIRE INSURANCE
Rent Collections Attended to
Office Opp. Redcliff Hotel

DR. E. L. MCKEE
DENTIST
Pyrophos Dental & Prevented
Phone 3948 Medicine Hat
Opposite Assiniboia Hotel

KEETLEY JOHNSON
—for—
Accident, Fire, Sickness
Insurance
Ocean Passenger Service
7th St. REDCLIFF

Sealed Tenders

For the painting of St. Mary's Church, inside and outside, will be received by the undersigned up till noon of March 31st. Particulars may be secured from Mr. P. Lavell, or Lowest or any tender not necessarily accepted.
Mrs. B. Hubert, Redcliff, Secretary

CAMEO THEATRE

MONDAY, MARCH 4th

"A Dog Of The Regiment"

Thrilling picture of a love story during the Great War in which the dog plays an important part. Don't miss it.
ALSO GOOD COMEDY

THURSDAY, MARCH 7th

Shanghai Bound

An Oriental scene story told along the Yangtze River in China
ALSO GOOD COMEDY

Light Draying

All kinds of light draying to any part of the town will be promptly attended to.

Orders may be left at the C. P. & Station. Phone 302.
Prompt Service Guaranteed.

J. L. WRIGHT

Meat Market

When in the city to do some shopping, and when it comes to Meat just call at our store and get the Best there is. We always have a choice line of

FRESH AND CURED MEATS
FISH AND POULTRY
With All The Trimmings
Our Prices Are Right.
Give Us a Trial Order

Central Meat Market

E. J. HUNT
610 4th St. Medicine Hat

Redcliff Motor Works

CHANGES HEADQUARTERS

I Have Moved My Repair Garage
To The Reid Block
Opposit the School, and Will Carry on in this Stand
for the Present, Work now on Hand will be Completed Here.

All Ready for Business
RUSSEL DUFFIELD Prop.

The Battle of January.

January was a momentous month for wheat producers the world over. Canadian farmers had delivered nearly four hundred million bushels of wheat, Argentina and Australia were commencing the delivery of unusually large crops. There was an immense visible supply of wheat. The market commenced to sag. The one optimistic feature in a rather gloomy picture was the Canadian Wheat Pool. Just what the Pool stood for is told in candid language by George Broadbent, the British grains authority in "Milling".

"Prices were put down on the plan that Argentina must sell more of her new crop, and, in fact, shippers did put out lower offers, and some Canadian sellers followed the downward lead.

"That it was soon found that the Canadian Pool refused to offer or sell at the lower prices, and, of course, this gave Argentine shippers courage to work for a reaction.

"This action of the Canadian Pool also gave buyers confidence, and they not only found they needed wheat, but that they could pay better rates for it.

"As long as sellers were willing to 'cut' prices, buyers were quite prepared to stand back and let them do still more 'cutting,' and quite possibly there might have been a bad slump had not the Canadian Pool taken a strong stand.

"The Canadian Pool Manager

certainly deserve credit for conspicuous handling of a difficult situation, and their action, proves that former members of the Pool would not agree to low prices at this period of the season.

"The lesson of the price movements of wheat in the past week is that emphasis must be given to the power of strong holders to maintain prices.

"Past experience showed that a crowd of weak holders was almost at the mercy of buyers at times of plenty.

"I think all must now recognize the commanding position of the Canadian Pool, and the readiness of Argentine shippers to follow a strong upward lead."

Alberta Wheat Pool

The S. E. Gust Stores Limited

REDCLIFF PIONEER STORE

SPECIAL

For This Week End, Also Next Monday & Tuesday

Pearl Tapioca 3 lbs. for 25c
Sago, 3 lbs. for 25c
McLaren's Minute Tapioca
Per Package 15c
H. P. Sauce, per bottle 29c
Chief Sauce, per bottle 27c
Cup Circle Tea, per lb. pkg. 65c
Blue Ribbon Tea per lb. 69c

Cardston Creamery

BUTTER

Flavor just like Fresh Dairy.
Try a lb. today, per lb. 50c

JAM
Nelson Jam in Glass, all
flavors, 1 lb. jar 85c
Pure Plum, per jar 85c
Pure Pitted Cherry, 1 lb. jar 75c

SALT
Table 3 1/2 lb. bag 11c
Table, 7 lb. bag 19c
Iodized, Carton 15c
Dairy, 50 lbs. \$1.15
Course, 50 lbs. 95c
Black, 50 lbs. 99c

Free Delivery

SUGGESTIONS

-FOR LENT-

Bon-Jess Fillets Haddie, 15 25c
Frozen White Fish per lb. 21c
Cod Fish, 2 lb. box, each 45c
Cobster, 1/2 lb. tin, each 65c
Cranberry 1/2 lb. tin, each 46c
Candies in Oil, each 65c
Dry Salmon per can 25c
Pink Salmon per tin 18c

-EXTRA SPECIAL-

Prunes, large, pkg. Hope's
Real Value, each 69c
Pure Strawberry Jam, 1 lb. 65c
Farrow Brand Peanut Butter
Rich Flavor, 1 lb. jar 27c
Frosted Fruit Ham, 5 to
7 lbs. per lb. 23c

-5c SPECIAL-
Eugene Jelly Powder 5c
White Onions, small jars 5c
Mixed Pickles, small jars 5c
Black Currant Jam, small 5c
Pure Peach Jam, small jars 5c
Frumble Jelly small jars 5c
Lard Oil, creaming powder
as good as Old Dutch 5c

SOAP

P. & G. White Napha 5 at 25c
21 bars for \$1.00
Chips per package 22c
Savon per large, pkg. 85c
Twinline, small pkg. 3 for 25c
Gold Soap, 4 for 25c
17 for \$1.00
Castle Soap long bars at 19c

MEATS

Jellied Veal machine sliced
per lb. 40c
Cooked Ham mach. sliced 16 60c
Roast Ham mach. sliced 16 60c
Side Bacon whole cobs about
10 lbs. per lb. 55c
16lb Bacon mach. sliced 16 40c
Peamed Bacon machine sliced
per lb. 45c

RAISINS

EXTRA SPECIAL
Seedless Raisins per pkg. 8c
3 packages for 25c
Just the thing for
Be sure to ask for a Free
Sample of White Star Yeast
O.K.

R. CANN Mgr. Phone 41